

Philippians & Colossians Student Teaching

A. Study the following passages, looking for truths you feel would be helpful to you and others:

Philippians 2:5–8 ; 3:20–21 ; 4:6–7

Colossians 1:12–18 ; 3:1–2, 12–17, 23–24

B. Select a verse or group of verses and identify a truth you can teach about the Savior's gospel. For example, one truth found in Colossians 1:12–14 is that Heavenly Father sent His Son so we can be delivered from darkness and forgiven of sin.

C. Include one or more of the following elements in your lesson:

Share an experience that you have had or that someone else has had that illustrates the truth. Invite those you teach to share experiences as well. You could also share examples or experiences from the scriptures or general conference addresses. For example, experiences that relate to the bolded truth above could focus on the Savior forgiving someone or delivering them from darkness.

Find helpful cross-references. For example, for the bolded truth above, you could share Mosiah 16:9 or 2 Peter 2:9 . Invite those you teach to search for additional cross-references using resources such as the Guide to the Scriptures or the Topical Guide.

Find a helpful statement by a Church leader. For instance, the bolded truth is illustrated by the following statement by Sister Reyna I. Aburto of the Relief Society General Presidency.

If you are constantly surrounded by a “mist of darkness” [1 Nephi 8:23], turn to Heavenly Father. Nothing that you have experienced can change the eternal truth that you are His child and that He loves you. Remember that Christ is your Savior and Redeemer, and God is your Father. They understand. Picture Them close by you, listening and offering support. “[They] will console you in your afflictions” [Jacob 3:1]. Do all you can, and trust in the Lord’s atoning grace.

(Reyna I. Aburto, “Thru Cloud and Sunshine, Lord, Abide with Me!” Ensign or Liahona, Nov. 2019, 58–59)