

Five by Five

1. **Study** (fill in with chapter/section from this week's material) **today** & write down principles, look up footnotes and cross references, find prophetic quotes, liken it etc.
2. **After studying, in your journal write down five verses you discovered during your study.**
3. **Next, write five things you learned about each of the five verses** that resonated you. You can include principles, cross references, prophetic quote, hymns, General Conference talks, personal testimony, experiences, etc. that related to each of these 5 verses.
4. **After writing in your journal, share your favorite verse and 5 insights about that verse.**

“Writing down what we learn, think, and feel as we study the scriptures is another form of pondering and a powerful invitation to the Holy Ghost for continuing instruction” (Elder Bednar, “Because We Have Them before Our Eyes, New Era, Apr. 2006, 6–7).