

Inspirational Picture Quotes

1. Study (fill in with chapter/section from this week). Look up footnotes, cross references, conference quotes, write principles etc.
2. After studying this chapter, **find an inspirational picture quote from the Church's web site [here](#)** that you feel connects with something you learned in your study.
3. When you are done, **post your inspirational picture quote & what you learned today** by answering the answers to the following questions in the discussion board below:
 - What doctrines & principles did you learn that are personally meaningful to you? 'What did these chapters teach you about Heavenly Father & Jesus Christ that inspire you to follow and become more like them?
 - What connections did you see between the inspirational picture quote you posted and Alma 36?
 - What spiritual experiences have you had related to these chapters?
 - What effective righteous actions will you take because of what you learned in these chapters today?

*Therefore
forgetting your heart
BE
COMFORTED*

D&C 10:1:16

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