

1. This chapter/section (*fill in with reading from this week*) contains doctrines about
 - service
 - temple work
 - forgiveness
 - missionary work
2. BEFORE STUDYING THESE CHAPTERS, try living one of these doctrines! For example, perform an act of service, reach out to someone you're having a hard time forgiving and forgive them, share the Gospel with a friend, etc.
3. After living one of these doctrines, write about your experience in your journal.
4. After writing about your experience, study these chapters looking for connections to your experience with the teachings of this chapter.
5. When you are finished studying this chapter, share about what you learned from your experience and scripture study then give advice to your peers on how they can live what you learned!



Live then
Learn