

A photograph of three young women sitting on a green lawn. The woman on the left is wearing a red zip-up hoodie and blue jeans, looking at her smartphone. The woman in the middle is wearing a blue denim jacket over a white t-shirt and blue jeans, also looking at her smartphone. The woman on the right is wearing a green t-shirt and blue jeans, looking towards the camera. The background shows a blurred green lawn and a building with windows.

Messages from Heaven

- Read these verses (*fill in verses from this week's material*) then choose one that speaks to your soul:
- Write a short message about your verse. Your message should contain:
 - The reference & principle about living after the manner of happiness on the note card (Example: 2 Nephi 5:1, As I _____, I will experience greater happiness.
 - A short conference quote that is related to the verse
 - A short question or testimony.
- Put your message in the box at the front of the room and draw a different message. Repeat the same instructions adding your message to what your peer wrote and return the message to the box. Repeat the process 8 times and then retrieve your original message. By the end, you'll wind up with some great scriptures & insights on your paper to strengthen you this week.